



SCRIPPS RANCH | 9972 Scripps Ranch Blvd, San Diego, CA 92131
SCRIPPS RANCH (POOL) | 9875 Aviary Dr, San Diego, CA 92131
MISSION BEACH | 2999 Mission Blvd. Suite 101, San Diego, CA 92109
LA JOLLA | 3535 General Atomics Ct Suite 100, San Diego, CA 92121
LA JOLLA UTC | 10300 Campus Pointe Dr, San Diego, CA 92121
LA JOLLA (POOL) | 8930 University Center Ln, San Diego, CA 92122
DOWNTOWN | 501 West Broadway, San Diego, CA 92101
CORONADO | 543 Orange Ave, Coronado, CA 92118
CORONADO (POOL) | 818 Sixth St. (inside BBMAC), Coronado, CA 92118
CARMEL VALLEY | 12625 High Bluff Dr Suite 105, San Diego, CA 92130
CARMEL VALLEY (POOL) | 3777 Townsgate Dr, San Diego, CA 92130
MAILING ADDRESS | 3639 Midway Dr, San Diego, CA 92110

Scripps Ranch

Address: 9972 Scripps Ranch Blvd., San Diego, CA 92131

Phone Number: 619-810-0007

Directions (from 15 North)

- Take exit 15 for Carroll Canyon Rd.
- Use the right 2 lanes to turn Left onto Carroll Canyon Rd.
- Drive to Scripps Ranch Blvd
- Turn right onto Scripps Ranch Blvd
- We are located in the Von's shopping center across from Chase bank in Fitness Quest 10



- We are in the downstairs fitness quest 10 (not the upstairs above Vons) and we are INSIDE the fitness quest 10 gym at the far south end of the parking lot

Directions (from 15 South)

- Take exit 15 for Carroll Canyon Rd.
- Turn right onto Carroll Canyon Rd.
- Turn right onto Scripps Ranch Blvd
- We are located in the Von's shopping center across from Chase bank in Fitness Quest 10
- We are in the downstairs fitness quest 10 (not the upstairs above Vons) and we are INSIDE the fitness quest 10 gym at the far south end of the parking lot

Protocols

- If you are a NEW patient...
 - Please fill the forms out and bring them with you, along with your **photo ID, insurance card and physical therapy prescription**, if we have not already received them, for your evaluation.
 - We request that you arrive **15 minutes** prior to your appointment so that we can go over your insurance benefits and paperwork with you before your appointment.